

# U5 Program Information

The AYSO Vision is to provide **world class youth soccer programs that enrich children's lives**. The AYSO U5 program format and playing for 'fun' is very effective for the youngest players. We have adopted the format of "Jamboree Parent with Player". This is a family event as are all AYSO programs. The following is a brief list of what to expect. More information will be provided at the parent meeting.

- ◆ The program meets once a week during the regular season and is lead by an approved AYSO Master Coach. The general outline for each week's session:
  - Organization and Training activities (35 minutes)
  - Team organization and 3 v 3 games (25 minutes)
- ◆ A parent or 'significant' adult is necessary to participate with their child in each week's activities.
- ◆ Adult participants facilitate the activities and help organize/balance the team play.
- ◆ Players will need jersey (standard Region 275 jersey is not provided in program cost)
- ◆ Adult participants are provided a 'Jamboree Parent' shirt (fee for additional shirts)
- ◆ ALL program updates and information is sent via the e-mail as listed on your registration form

## Scheduled Events – Saturdays at Ball Camp Pavilion / Field #7

<b>August 20<sup>th</sup></b>	<b>10:00 AM</b>	<u>Parent Meeting</u> (discussions, organization, questions) ~ 1hr minute meeting *
<b>August 27<sup>th</sup></b>	<b>10:00 AM</b>	<u>Soccer 101</u> – geared towards young players U5-U8 First timers of any age welcomed
<b>Sept 11<sup>th</sup></b>	<b>9:00-11:30 AM**</b>	<u>First Session</u>
<b>Oct 30<sup>th</sup></b>		<u>Last Session</u>

\*\* Sessions are 1 hour and the time slot allows for preparation and clean-up time. Boys start at 9am and girls at 10:15. This is intended to be a 6-week program. Eight weeks are provided with the understanding there are no make-ups for rain cancellations (unless they are numerous). Field status is communicated as explained on the Region 275 website (text notification sign-up option is also available).

\* Week of August 22, from 5-7:30 is a general field day for setting up the fields at the complex. Parents are encouraged to give a helping hand with preparing the complex for the upcoming season.

**More info.** Website <http://www.ayso275.org/U5Training.html>

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